



daily dose of SUNSHINE

Project Overview: We will be sending daily cards for a month to 33 moms and 22 dads in our sunshine community. The purpose is to encourage and pour out God's love in a tangible way.

- 1** **Gather** supplies to write or make cards (please include an envelope and leave it UNSEALED). Select either the mom list **OR** the dad list (you do not have to do both)
- 2** **Create** an encouraging message of hope. You can write the same message to all recipients. You can share truths from God's word. You can pray for them. You can draw a picture, write a poem or your favorite uplifting quote...
- 3** **Mail/drop off** cards/postage in a single large envelope. (due by Aug 26, 2024) Spreading Sunshine 825 Timber Creek Drive, Suite 102 Cordova, TN 38018
Email amystewart@spreading-sunshine.com with any questions.

Tips:

- Think - happy, cheery, or bright.
- Include an envelope and leave cards unsealed.
- Consider donating postage stamps
- What **NOT** to say: it will be okay, everything happens for a reason, I know how you feel, I have a friend/aunt/coworker who went through this, or time heals all wounds.
- What **TO** say: you are loved, write out scripture verse or prayer, or write a personalized message.
- Personalize the note to the moms or dads (we will provide you a list).
- Sign your name - (see example below)

With love,

Libby

Spreading Sunshine

